



	FR	EN	DE	ES	
	Signification des symboles	Explanation of symbols	Zeichenerklärung	Explicación de los símbolos	
1	Dispositif Medical	Medical Device	Medizinprodukt	Dispositivo médico	
2	Lire le mode d'emploi avant l'utilisation.	Read the instruction manual before use	Vor Gebrauch Gebrauchsanweisung lesen!	Lea el manual de instrucciones antes de utilizarlo	
3	Respecter les instructions de sécurité!	Observe the safety instructions!	Sicherheitshinweise beachten!	Siga las instrucciones de seguridad	
4	Conformité CE	CE conformity	CE-Konformität	Conformidad con la normativa CE	
	PT	PL	HU	TR	
	Significado dos símbolos	Objaśnienia symboli	Szimbólumok jelentése	Sembollerin açıklamaları	
1	Dispositivo médico	Wyrób medyczny	Orvosi eszköz	Tıbbi cihaz	
2	Antes de utilizar, leia, por favor, o manual	Przed użyciem zapoznaj się z instrukcją obsługi	Használat előtt olvassa el a használati útmutatót	Kullanmadan önce kullanma kılavuzunu okuyunuz	
3	Siga as instruções de segurança	Stosuj się do instrukcji bezpieczeństwa.	Tartsa be a biztonsági utasításokat!	Güvenlik uyarılarını dikkate alınız	
4	Certificado CE	Deklaracja CE	CE megfeleléség	CE uygunluğu	
	IT	NL	SI	HR	GR
	Significato dei simboli	Verklaring van de symbolen	Pomen simbolov	Objašnjenje simbola	Επεξήγηση Συμβόλων
1	Dispositivo Medico	Medisch hulpmiddel	Medicinski pripomoček	Medicinski uređaj	Ιατρική Συσκευή
2	Prima dell'uso leggere le relative istruzioni!	Voor gebruik de handleiding lezen.	Pred uporabo preberite navodila	Pročitati korisničke upute prije uporabe	Διαβάστε τις οδηγίες πριν από τη χρήση
3	Osservare le istruzioni per la sicurezza	Veiligheidsinstructies respecteren	Upoštevajte varnostna navodila!	Pažljivo pogledajte sigurnosne upute	Τηρείτε τις οδηγίες ασφαλείας!
4	CE conformità	CE conformiteit	CE Certifikat	CE-Deklaracija	CE Συμμόρφωση

EN- Please read these notes carefully before use. Make sure to follow the instructions and keep them in a safe place ! If this aid is to be used by other persons, they must be fully informed of these safety warnings before use.

1. Safety indications

- ♥ ALWAYS consult with your physician or supplier to determine proper adjustment and use of the device.
- ♥ Don't store outside and don't let under the sun (Beware: don't let the product in a car in case of high outside temperature !!).
- ♥ Don't use in extreme temperature (above 38°C or 100°F or below 0° or 32°F).
- ♥ Check carefully all parts of this item (stick, handle, ferrule...).
- ♥ Hold firmly and completely the handle when using.
- ♥ In case of falling : let the product fall down on the side, so that you don't fall on it.
- ♥ Always move forward quietly and with short steps to ensure a good balance of your weight and to avoid losing your balance.
- ♥ Don't use on wet or icy surfaces. (snow, ice, water..)!!
- ♥ Don't use in stairs, severe risk of injuries!!
- ♥ Use only as a walking aid and in proper way : don't use as a lever or to move furniture.
- ♥ ALWAYS observe the weight limit on the labelling of your stick.
- ♥ No modification must be made on this device. Use only original parts to replace the broken or defect one and let this be done by the technical staff.
- ♥ After assembling the walking aid, make sure that it is securely locked in OPEN position and level to the ground before using.
- ♥ ALWAYS test to see that the walking aid and attachments are properly and securely locked in place before using.
- ♥ DO NOT hang anything on the Walking aid.
- ♥ In case you didn't use your walking aid for a long time, let it checked by the technical staff, before using.
- ♥ Be careful when using: beware holes and deformations in the floor.
- ♥ The suction cap must not be too worn down. If the cap shows considerable wear, ask your supplier or nursing staff to replace it.
- ♥ Any serious incident that has occurred in relation to the device shall be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.

2. Intended use, indications and contraindications

Intended use:

Walking aids are used for two purposes: as part of a rehabilitation programme when the user is recovering from an injury or operation and as a long-term aid to mobility when the user has a permanent difficulty with walking.

These devices help in maintaining balance, aid in the prevention of injuries (particularly falls), and allow the person to attend to his/her errands

independently. Mobility aids can be used indoor or outdoor, depending on the model.

Mobility aids are used to modify the weight redistribution: some of the weight carried through the legs when walking is transferred through the arms of the frame or stick as it is leant on for support. Products equipped with a seat allow short rest to the user.

Indications

- Loss of autonomy due to walking disorders
- Balance and/or posture disorders
- Walking problems
- Rehabilitation programme after an injury or an operation

Contraindication

Don't use in case of:

- Severe cognitive disorder
- Severe loss of balance
- Severe motor or perception disorders
- Weakness in the upper limbs

Only specialists can adjust the product and teach you how to use it. A wrong use or adjustment could lead to overstress of the device or of the patient.

The device must be adjusted individually by the technical staff to suit your needs. Ask the technical staff how to use this product and make sure that you understood clearly their explanation. In case of doubt, don't hesitate to ask again.

Height Adjustment:

The correct cane length is the key to safe use and better mobility.

1. Obtain measurements while wearing regular walking shoes.
2. Standing upright, allow arms to relax (with normal bend at the elbow) at your sides.
3. Have a second person measure the distance from your wrist joint down to the floor. This number is the right length of cane for you.
4. Remove the rubber tip
5. Saw the cane at the correct length
6. Put the rubber tip on the stick.

To walk safely with a cane on level surfaces:

1. Hold the cane in the hand on your "good" side so that it provides support to the opposite lower limb
2. Take a step with the "bad" leg and bring the cane forward at the same time. Move the cane and affected leg forward together.
3. Lean your weight through the arm holding the cane as needed
4. Always have the bad leg assume the first full weight-bearing step on level surfaces
5. The cane should be moved the distance of one average step forward with each move. You should not feel that you are stretching to catch up to the cane or stepping ahead of it.

If you are using the cane for general mobility rather than an injury, hold the cane using your dominant hand and bear weight on this side of your body. If you are working with a physical therapist due to an injury, he or she may have a specific cane-walking plan different from this one.

3. Cleaning

The stick has to be cleaned regularly with a mild cleaning agent and a soft cloth. NEVER use OILY substances!! Slip hazard!! Ask your retailer or the technical staff to check the walking aid regularly.

The rubber tips must be checked and changed regularly.

4. Materials

Handles might be in wood, metal or plastic. Wooden stick. Rubber tip.

5. Disposal

Dispose of this product in accordance with your regional waste disposal regulations.

6. Technical specifications

This product has a 24 months warranty, from the date of purchase, against any manufacturing defect. Standards: DIN-EN-12182: 1999, EN-ISO 11334-1, DIN-EN-ISO10993-1. Biocompatible. Duration of use: 2 years.