



GIMA

PROFESSIONAL MEDICAL PRODUCTS

Gima S.p.A.

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SFIGMOMANOMETRO TOKYO TOKYO SPHYGMOMANOMETER TENSIOMETRE TOKYO BLUTDRUCKMESSGERÄTE TOKYO ESFIGMOMANOMETRO TOKYO ESFIGMOMANÔMETRO TOKYO ΣΦΥΓΜΟΜΑΝΟΜΕΤΡΑ TOKYO TOKYO جهاز قياس للضغط الدموي

Manuale d'uso - User manual - Manuel de l'utilisateur
Gebrauchs- und instandhaltungsanleitung
Guia de uso - Guia para utilização
Οδηγίες χρήσης - دليل الإستعمال والرعاية



ATTENZIONE: Gli operatori devono leggere e capire completamente questo manuale prima di utilizzare il prodotto.
ATTENTION: The operators must carefully read and completely understand the present manual before using the product.

AVIS: Les opérateurs doivent lire et bien comprendre ce manuel avant d'utiliser le produit.

ACHTUNG: Diese Anleitung muss vor dem Einsatz des Produkts aufmerksam gelesen und vollständig verstanden werden.

ATENCIÓN: Los operadores tienen que leer y entender completamente este manual antes de utilizar el producto.

ATENÇÃO: Os operadores devem ler e entender completamente este manual antes de usar o produto.

ΠΡΟΣΟΧΗ: Οι χειριστές αυτού του προϊόντος πρέπει να διαβάσουν και να καταλάβουν πλήρως τις οδηγίες του εγχειριδίου πριν από την χρήση του.

الحدس: على العمال قراءة وفهم هذا الدليل بكامله قبل البدء باستخدام المنتج.

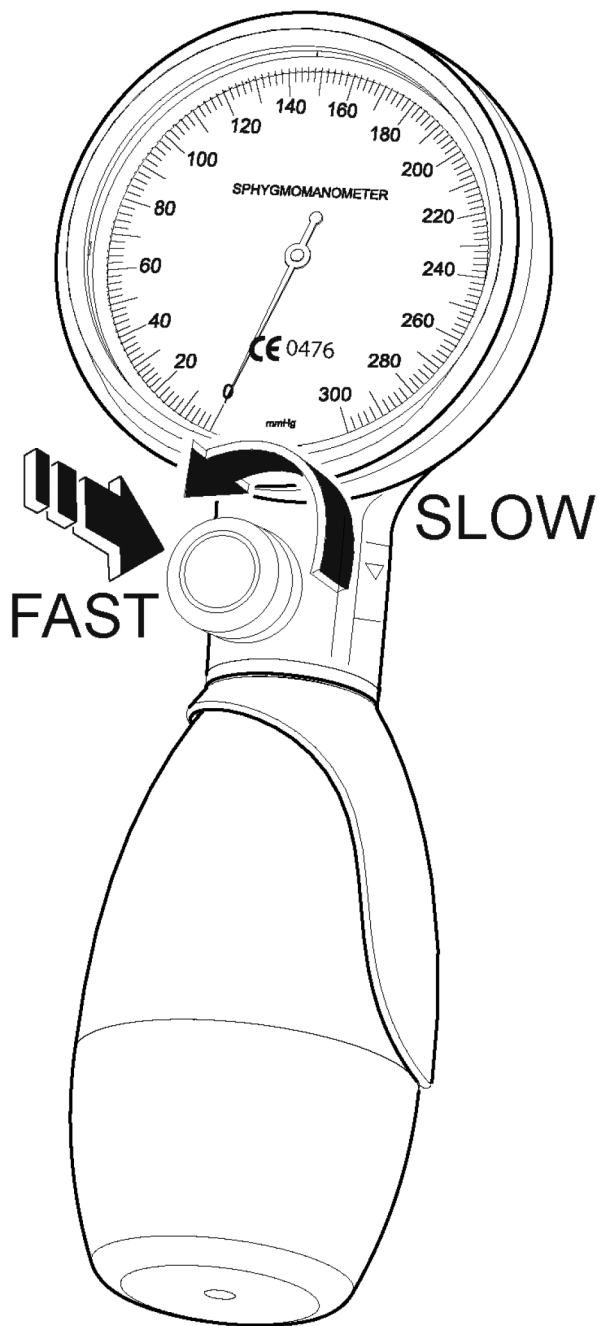
REF 32735



Gima S.p.A.
Via Marconi, 1
20060 Gessate (MI) Italy
Made in China

CE 0476





FEATURES

We would like to thank you for having purchased a precision GIMA sphygmomanometer.

All GIMA sphygmomanometers are manufactured with high quality materials and, when maintained at perfect operating efficiency through regular calibration checks, ensure complete reliability and precision, even after several years of use.

Our line of sphygmomanometers offers the same quality standards for both professional and home models.

The sphygmomanometer you have purchased complies with EEC directive 93/42/CEE.

PRESCRIPTIONS



It must be noted that self-measuring instruments are not a substitute for regular medical check-ups, and that only your doctor can accurately analyze these measurements.

Arterial pressure is highly influenced by one's nervous tension and physical fatigue. It is therefore recommended that you **perform the measurement under conditions of both physical and mental relaxation**, while in a sitting or supine position and, where possible, always at the same time of day, far from meal times.

Remember: do not move while measuring your pressure and do not wear clothing that covers your arm and could limit blood circulation.

Pressure varies during the day: it is lower in the morning and higher in the evening; it is also lower in the summer and higher in the winter.

INSTALLATION

After opening the packages, first of all it is necessary to check all pieces and parts composing the product. Check that they are all present and in perfect conditions.

Apply the armband to your bare left arm, 2-3 cm. above your elbow joint, and then prop up your forearm, keeping it at heart level.

Velcro armband: Close the armband using the Velcro strap.

If not specifically indicated, all GIMA sphygmomanometers are equipped with armbands for adults; upon request, we can provide armbands for the obese, for use on the thigh and for children, ranging from premature babies up to 14-year-olds.

Position the earpiece of the stethoscope on the artery, under your arm.

The handle is normally oriented on the left side of the bulb (to use with right hand). Sliding out the handle it is possible to re-position it on the right side (for use with left hand) or the center, suitable for both cases.

FUNCTIONING

- 1) After applying the armband, use the bulb to pump up to approximately 30 mmHg beyond the level of individual systolic pressure: in other words, until the brachial artery is blocked (maximum level). It is essential that the person being measured remains seated and calm, and that his/her **forearm is resting at heart level**, with the inside part facing up.
- 2) To measure blood pressure, turn the release screw on the bulb by unscrewing it slowly in a counter clockwise direction. The ideal deflation speed is around **2-3 mmHg/sec**.
- 3) Due to the gradual decompression, your blood starts to run through the brachial artery again, which in turn causes an initial pulsation, that is clearly perceived by the phonendoscope: the pressure indicated on the gauge needle at the exact moment this first beat is recorded is referred to as the **"systolic or maximum pressure"**.

Systole = maximum pressure level when the heart contracts and blood is pushed into the blood vessels.

As you proceed with decompression, the pulsations gradually decrease until they suddenly disappear or become so low as to be imperceptible.

The pressure indicated by the gauge needle at the moment the pulsations disappear is referred to as the **"diastolic or minimum pressure"**.

Diastole: minimum blood pressure level when the heart muscle is expanding and refilling with blood.

- 4) Now completely open the release valve until air begins to come out of the armband. Blood pressure measurement is now completed.

By pressing the button under the gauge, the air contained in the armband is released quickly.

SPECIFICATIONS

Measuring range: 0-300mmHg

Precision: ± 3 mmHg

Scale graduation: 2 mmHg

MAINTENANCE

With proper care and maintenance, your blood pressure kit will provide years of satisfactory service. The basic rules:

- Do not drop or jar.
- Never inflate beyond 300mmHg.
- Never expose the cuffs to intensive solar radiation!
- Never touch the cuff fabric or parts with a sharp instrument, since this could cause damage!
- Always deflate cuff completely before storage
- Do not dismantle manometer under any circumstance.
- Store complete instrument in storage case provided, to keep the chestpiece and all the other parts clean
- Storage temperature condition: -20°C to 70°C at a relative air humidity of 85% (non-condensing).

1. Gauge and bulb

Cleaning: The gauge and bulb can be wiped with a damp cloth. Sterilization is not necessary, as the parts do not come into direct contact with the patient's body.

2. Armbands









Cleaning: After removing the plenum chamber, the liners can be wiped with a damp cloth, or you can wash them with soap and cold water. If you use this second method, rinse the armbands with clean water and leave them to air dry. Nylon armbands must not be ironed.

The plenum chamber and tubes can be wiped with a damp cotton cloth.

GIMA WARRANTY CONDITIONS

Congratulations for purchasing a GIMA product. This product meets high qualitative standards both as regards the material and the production. The warranty is valid for 12 months from the date of supply of GIMA. During the period of validity of the warranty, GIMA will repair and/or replace free of charge all the defected parts due to production reasons. Labor costs and personnel traveling expenses and packaging not included. All components subject to wear are not included in the warranty. The repair or replacement performed during the warranty period shall not extend the warranty. The warranty is void in the following cases: repairs performed by unauthorized personnel or with non-original spare parts, defects caused by negligence or incorrect use. GIMA cannot be held responsible for malfunctioning on electronic devices or software due to outside agents such as: voltage changes, electro-magnetic fields, radio interferences, etc. The warranty is void if the above regulations are not observed and if the serial code (if available) has been removed, cancelled or changed. The defected products must be returned only to the dealer the product was purchased from. Products sent to GIMA will be rejected.

Indice dei Simboli / Index of symbols / Liste des symboles / Symbole / Índice de símbolos / Índice de Símbolos / Πίνακας συμβόλων / حرف

	<p>IT - Leggere e seguire attentamente le istruzioni per l'uso GB - Read instructions carefully FR - Lire et suivre attentivement la notice DE - Gebrauchsanweisung sorgfältig lesen und befolgen ES - Leer y seguir atentamente las instrucciones de uso</p>	<p>PT - Ler e seguir atentamente as instruções de uso GR - Διαβάστε και ακολουθήστε προσεκτικά τις οδηγίες χρήσης SA - اقرأ بدقة وحرص تعليمات الاستخدام</p>
	<p>IT - Conservare in luogo fresco ed asciutto GB - Keep in a cool, dry place FR - À conserver dans un endroit frais et sec. DE - An einem kühlen und trockenen Ort lagern ES - Conservar en un lugar fresco y seco</p>	<p>PT - Armazenar em local fresco e seco GR - Διατηρείται σε δροσερό και στεγνό περιβάλλον SA - يحفظ في مكان بارد وجاف</p>
	<p>IT - Fabbricante GB - Manufacturer FR - Fabricant DE - Hersteller</p>	<p>ES - Fabricante PT - Fabricante GR - Παραγωγός SA - الشركة المصنعة</p>
	<p>IT - Prodotto conforme alla Direttiva Europea GB - Product complies with European Directive FR - Ce produit est conforme à la directive européenne DE - Produkt gemäß EU-Richtlinie ES - Producto conforme a la Directiva Europea</p>	<p>PT - Produto em conformidade com a Diretiva Europeia GR - Προϊόν σύμφωνο με την Ευρωπαϊκή Οδηγία SA - منتج يتوافق مع توجيهات الاتحاد الأوروبي رقم</p>
	<p>IT - Codice prodotto GB - Product code FR - Code produit DE - Erzeugniscode</p>	<p>ES - Código producto PT - Código produto GR - Κωδικός προϊόντος SA - كود المنتج</p>
	<p>IT - Conservare al riparo dalla luce solare GB - Keep away from sunlight FR - À conserver à l'abri de la lumière du soleil DE - Vor Sonneneinstrahlung geschützt lagern ES - Conservar al amparo de la luz solar</p>	<p>PT - Guardar ao abrigo da luz solar GR - Κρατήστε το μακριά από ηλιακή ακτινοβολία SA - يحفظ بعيداً عن ضوء الشمس</p>
	<p>IT - Numero di lotto (vedi scatola / bustina) GB - Lot number (see box / package) FR - Numéro de lot (voir boîte / sachet) DE - Chargennummer (siehe Schachtel / Beutel)</p>	<p>ES - Número de lote (ver caja / sobre) PT - Número de lote (ver caixa / saqueta) GR - Αριθμός παρτίδας SA - رقم الدفعة (انظر العبوة / المغلف)</p>
	<p>IT - Leggere attentamente le istruzioni per l'uso GB - Please read instructions carefully FR - Lire et suivre attentivement la notice DE - Vor Sonneneinstrahlung geschützt lagern</p>	<p>ES - Leer atentamente las instrucciones de uso PT - Ler atentamente as instruções de uso GR - Διαβάστε προσεκτικά τις οδηγίες χρήσης SA - اقرأ بدقة وحرص تعليمات الاستخدام</p>