# MiniSpir





User Manual Rev. 2.2.1

Issued on: 14.03.2023 Approved on: 14.03.2023

# ENGLISH (EN)

MINISPIR User manual Rev 2.2.1 page 1 of 17

Thank you for choosing a product from MIR

#### MEDICAL INTERNATIONAL RESEARCH

### Before using your MiniSpir ...

- · Read this manual carefully, plus all labels and other product information supplied.
- Set the device configuration (date, time, predicted values, language etc.) as described in the Software MIR Spiro Manual.
- Check PC system requirements for compatibility with the device (RAM: 512 Mb minimum, 1024 Mb preferred; Operating system: Windows 2000 XP Windows Vista (32bit/64bit)- Windows 7 (32bit/64bit); Windows 10 (32bit/64bit); Minimum disk space: 500 Mb; CPU Pentium IV-class PC 1 GHz; display resolution 1024x768 or higher.
- MiniSpir should only be connected to a computer manufactured in compliance with EN 60950/1992.

### WARNING $\triangle$

Before connecting MiniSpir to a PC, carry out all the steps necessary for the correct installation of the MIR Spiro software which can be downloaded from the MIR website At the end of the installation, connect the device to the PC and the hardware will be "recognised" by the PC. The device can then be used with the MIR Spiro software.

### Keep the original packaging!

In the event that your device requires attention then always use the original packaging to return it to the distributor or the manufacturer.

In such an event then please follow these guidelines:

- · Return the complete device in the original packaging, and
- The transport (plus any customs or taxes) costs must be prepaid.

Manufacturer's address

### MIR S.P.A:

Via del Maggiolino, 125 00155 ROME (ITALY) Tel + 39 0622754777

Tel + 39 0622754777 Fax + 39 0622754785
Web site: www.spirometry.com Email: mir@spirometry.com

#### MIR USA, Inc.

5462 S. Westridge Drive New Berlin, WI 53151 - USA Tel + 1 (262) 565 – 6797

 $\begin{array}{lll} \text{Tel} + 1 \text{ (262) } 565 - 6797 & \text{Fax} + 1 \text{ (262) } 364 - 2030 \\ \text{Web site: www.spirometry.com} & \text{Email: mirusa@spirometry.com} \end{array}$ 

MIR has a policy of continuous product development and improvement, and the manufacturer therefore reserves the right to modify and to update the information contained in this User's Manual as required Any suggestions and or comments regarding this product should be sent via email to: mir@spirometry.com. Thank you.

MIR accepts no responsibility for any loss or damage caused by the User of the device due to the use of this Manual and/or due to an incorrect use of the product.

Copying this manual in whole or in part is strictly forbidden.

### FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A PHYSICIAN

MINISPIR User manual Rev 2.2.1 page 2 of 17

User manual

### INDEX

1. IN	NTRODUCTION	Δ
1.1		
1.1.		
1.1.		
1.1.	·	4
1.1.		
1.1.	•	
1.2	Important safety warnings	
1.2.	1 , 5	
1.2.		
1.2.		
1.2.		
1.2.		
1.2.	.6 Warnings for use in electromagnetic environments	7
1.3	Unforeseen errors	7
1.4	Labels and symbols	7
1.4.	.1 Identification label and symbols	7
1.4.	.2 (ESD) Electrostatic discharge sensitivity symbol	8
1.5	Product description	9
1.6	Technical features	10
1.6.	.1 Features of the spirometer	10
1.6.		
2. F	UNCTIONING OF THE MiniSpir	12
2.1	Connection to PC	
2.2	Using the MiniSpir	12
2.3	Spirometry Testing	
2.4	Acceptability, Repeatability and quality messages	13
2.5	Interpreting spirometry results	
	DATA TRANSMISSION	
3.1	Transmission with USB cable	16
3.2	Upgrade Internal software	
	MAINTENANCE	
4.1	Cleaning and controlling the reusable turbine	
	PROBLEM SOLVING	
6 I	IMITED WARRANTY CONDITIONS	17

#### 1. INTRODUCTION

#### 1.1 Intended Use

MiniSpir spirometer is intended to be used either by a physician, respiratory therapist or technician.

The device is intended to test lung function and can make:

spirometry testing in people of all ages, excluding infants and neonates

It can be used in hospital setting, physician's office, factory, pharmacy.

### 1.1.1 Ability and experience required

The correct use of the device, the interpretation of the results and the maintenance of the device, with particular attention to disinfection (cross-contamination risk), all require qualified personnel.

### WARNING 🛆

The manufacturer cannot be held responsible for any damage caused by the user of the device failing to follow the instructions and warnings contained in this manual.

### 1.1.2 Operating environment

MiniSpir has been designed for use in hospital setting, physician's office, factory, pharmacy.

The instrument is not intended for use in an operating theatre nor in the presence of inflammable liquids or detergents, nor in the presence of inflammable anaesthetic gases, oxygen or nitrogen.

The instrument is not designed to be used in direct air currents (e.g. wind), sources of heat or cold, direct sun rays or other sources of light or energy, dust, sand or any other chemical substances.

The user is responsible for ensuring that the device is stored and used in appropriate environmental conditions as specified in paragraph 1.6.3.

### WARNING 🛆

If the device is exposed to unsuitable environmental conditions, this could cause the device to malfunction and to give incorrect results.

### 1.1.3 Who can or must make the installation

The device requires installation by qualified personnel.

### 1.1.4 Subject effect on the use of the device

A spirometry test should only be carried out when the subject is at rest and in good health, and thus in a suitable condition for the test. A spirometry test requires the *collaboration* of the subject since the subject must make a complete forced expiration, in order to have a meaningful test result.

#### 1.1.5 Limitations of use - Contraindications

An analysis of the results of a spirometry test is not by itself sufficient to make a correct diagnosis of the subject's clinical condition. A detailed clinical history of the subject is also required together with the results of any other test(s) suggested by a doctor.

Test comments, a test interpretation and suggested courses of treatment must be given by a doctor.

A spirometry test requires the collaboration of the subject. The results depend on the person's capability to inspire and to expire all air completely and as fast as possible. If these fundamental conditions are not respected then the results obtained during spirometry testing will not be considered accurate, and therefore the test results are "not acceptable".

The *acceptability* of a test is the responsibility of the user. Special attention should be given to testing elderly subjects, children and people with disabilities.

The device should never be used when it is possible or probable that the validity of the results may be compromised due to any such external factors.

Spirometry has relative contraindications, as reported by the 2019 update of the ATS/ERS guideline:

Due to increased myocardial demand or changes in blood pressure

- Acute myocardial infarction within 1 week
- Systemic hypotension or severe hypertension
- Significant atrial/ventricular arrhythmia
- Uncompensated heart failure
- Uncontrolled pulmonary hypertension
- Acute cor pulmonale
- Clinically unstable pulmonary embolism
- History of syncope related to forced expiration/cough

Due to increased intracranial/intraocular pressure

- Cerebral aneurysm
- Brain surgery within 4 weeks
- Recent concussion with persistent symptoms

MINISPIR User manual Rev 2.2.1 page 4 of 17

- Eve surgery within 1 week

Due to increased sinus and middle ear pressure

- Sinus or middle ear surgery or infection within 1 week

Due to increased intrathoracic and intraabdominal pressure

- Presence of pneumothorax
- Thoracic surgery within 4 weeks
- Abdominal surgery within 4 weeks
- Post-term pregnancy

Due to infection control issues

- Active or suspected transmissible respiratory or systemic infection, including tuberculosis
- Physical conditions that predispose to the transmission of infections, such as hemoptysis, significant discharge or oral lesions or oral bleeding.

#### 1.2 Important safety warnings

MiniSpir has been examined by an independent laboratory which has certified the conformity of the device to the Safety Standards IEC 60601-1 and guarantees the EMC Requirements within the limits laid down in the Standard IEC 60601-1-2.

MiniSpir is throughly tested during its production and therefore the product complies with the safety requirements and quality standards laid down by the Regulation 2017/745/UE for MEDICAL DEVICES.

After removing the device from its packaging, check that there is no visible damage. In case of damage do not use the device and return it to the manufacturer for replacement.

### WARNING A



The safety and the correct performance of the device can only be assured if the user of the device respects all of the relevant safety rules and regulations.

The manufacturer cannot be held responsible for damage caused by the failure of the user to follow these instructions correctly.

The device must be used according with the indications given by the manufacturer in the User Manual with particular attention to § Intended Use utilizing only original spare parts and accessories. Use of non original parts such as the turbine flow sensor and oximetry sensor or other accessories may cause errors in measurement and/or compromise the correct functioning of the device, and is therefore not permitted.

In particular, the use of cables other than those specified by the manufacturer could cause increased emissions or lower electromagnetic immunity fom the device and result in improper operation.

The device should not be used beyond the declared life span. In normal conditions the lifespan of the device is estimated to be around 10 years.

It is necessary to report any serious incident that has occurred in relation to the device to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established, in accordance with Regulation 2017/745.

#### **Danger of cross-contamination** 1.2.1

Two different types of turbine sensors can be used with the device: one is single-patient disposable and one is reusable. A mouthpiece is required in order to connect a subject to the spirometer.

In order to avoid exposing the subject to the hazard of cross-contamination, the reusable flow sensor must always be cleaned before each spirometry test, and a new disposable mouthpiece must always be used for each subject. The use of an anti bacterial filter is at the discretion of the doctor.

If a disposable turbine is used, then a new one must be used for each patient.

#### 1.2.2 **Turbine**



Disposable turbine



Reusable turbine

If you are going to perform the spirometry test with a disposable turbine, it is important to use a new turbine for every new patient. The characteristics. accuracy and the hygiene of the disposable turbine can only be guaranteed if it has been stored beforehand in its original sealed packaging.

The disposable turbine is made of plastic and its disposal after use should adhere to the local authority guidelines / norms.

The correct funtioning of the re-usable turbine can only be guaranteed if it has been cleaned in the correct manner and is free from foreign bodies which could alter its movement. If the turbine has not been cleaned sufficiently this could cause cross contamination from one patient to another.

The cleaning of the turbine should be done following the guidelines in the user manual.

The following informations are valid for both models of turbine.

Do not expose the turbine to a direct jet of water or air, and avoid contact with high temperature liquids.

**MINISPIR** User manual page 5 of 17 Rev 2 2 1

Do not allow dust or foreign bodies to enter the turbine sensor, in order to avoid incorrect functioning and possible damage. The presence of any impurities (such as hair, sputum, threads etc.) within the body of the turbine sensor may seriously compromise the accuracy of the measurements.

Notes about calibration of reusable turbine

### WARNING A

The turbine flow sensor does not require calibration but needs only a regular cleaning. If a calibration must be made then the following guidelines should be carefully noted.

Calibration can be made using a siring a calibration syringe ad making a FVC test.

In line with the publication "Standardised Lung Function Testing" of the European Respiratory Society (Vol 6, Supplement 16, March 1993), the air expired from the mouth is at a temperature of circa 33/34 °C.

The expired flow and volume, to be converted to BTPS conditions (37 °C) must be increased by 2.6% - this is derived from the BTPS factor of 1.026 at a temperature of 33°C, which represents a correction of 2.6%. In practice the BTPS factor for the expired flow and volumes is therefore constant and equal to 1.026.

For the inspired volumes and flows, the BTPS factor depends upon the ambient temperature as the air inspired is at ambient temperature.

For instance at an ambient temperature of 20°C with relative humidity at 50%, the BTPS factor is 1.102, a correction of +10.2%.

The correction of the inspired volumes and flows is made automatically as the machine has an internal temperature sensor; the BTPS values are thus calculated.

If a 3L syringe is used to make the calibration and if the MiniSpir is calibrated correctly then the FVC (syringe) value will be:

3.00 (FVC)  $\times$  1.026 (BTPS) = 3.08 L (FVC at BTPS).

If the ambient temperature is 20°C, the FIVC (syringe) value will be:

3.00 (FIVC)  $\times$  1.102 (BTPS) = 3.31 L (FIVC at BTPS).

The user must be aware that the volume of the syringe shown by the machine is converted to BTPS conditions, so that the "increase" of the results with respect to the expected values does not constitute an error.

For instance, if the calibration procedure is carried out with measured data:

FVC = 3.08 L and FIVC = 3.31 L at an ambient temperature of 20°C the resulting correction factor becomes:

EXPIRATION .00% INSPIRATION .00%

This does not represent an error, but is a logical consequence of the explanation detailed above.

#### 1.2.3 Mouthpiece

Any disposable mouthpieces included with the device are supplied only as a guide to the correct type and dimensions of the mouthpiece required for this device, they are clean but not sterile. To purchase appropriate mouthpieces, generally either paper or plastic but in any case mono-use/disposable, we suggest that you contact your local distributor who supplied the spirometer.

## WARNING $\triangle$

The use of a mouthpiece made from an inappropriate material could modify the bio-compatibility and could be the cause of an incorrect functioning of the device and thus of incorrect test results, and create inconvenience to the patient.

The user is responsible for obtaining the correct type of mouthpieces for the device. Those required are a standard type with an outside diameter of 30 mm, they are commonly used and in general easily procured.

To avoid contamination of the environment, caused by the disposal of used mouthpieces, the user must follow all of the relevant local regulations in force.

### 1.2.4 USB Connection Cable

Incorrect use or application of the USB cable may produce inaccurate measurements, which will show very inaccurate values of the patient's condition. Carefully inspect each cable before use.

Do not use cables that appear to be or are damaged. If a new cable is required, contact your local distributor.

Use only cables supplied by MIR, specifically designed to be used with **MiniSpir**. The use of other types of cables can lead to inaccurate measurements.

#### 1.2.5 Device

## WARNING $\triangle$

The maintenance operations detailed in this manual must be carried out to the letter. If these instructions are not followed this can cause measurement errors and/or an incorrect test interpretation.

Any modifications, adjustments, repairs or reconfiguration must be made by the manufacturer or by personnel authorised by the manufacturer. In case of problems, never attempt to make a repair oneself. The set-up of configurable

MINISPIR User manual Rev 2.2.1 page 6 of 17

parameters should only be made by qualified personnel. However, an incorrect set up of the parameters does not put the patient at risk.

When connected to other devices to preserve the safety off he system as required in the IEC 60601-1 standard, it is necessary to use exclusively device compliants with the safety rules. So the PC which the MiniSpir is connected must be compliant with IEC 60601-1.

If the PC connected to MiniSpir is used in the area containing the patient, it is necessary that the PC complies with the EN 60601-1 Standard (ref. EN 60601-1 Standard).

For the disposal of the MiniSpir, the accessories, plastic consumable materials (mouthpieces), use only the appropriate containers or return all such parts to the seller of the instrument or to a recycling centre. All applicable local regulations must be followed.

If any of these rules are not followed then MIR will decline all responsibility for any direct or indirect damages, however caused.

### 1.2.6 Warnings for use in electromagnetic environments

Due to the increasing number of electronic devices (computers, cordless phones, cell phones, etc.) medical devices may be subject to electromagnetic interference caused by other equipment.

Such electromagnetic interference could cause the medical device to malfunction, such as a lower measurement accuracy than stated, and create a potentially dangerous situation.

MiniSpir complies with the EN 60601-1-2:2015 standard on electromagnetic compatibility (EMC for electromedical devices) both in terms of immunity and emissions.

For the correct operation of the device, however, it is necessary not to use MiniSpir near other devices (computers, cordless phones, cell phones, etc.) that generate strong magnetic fields. Keep these devices at a minimum distance of 30 centimeters. If it is necessary to use it at shorter distances, MiniSpir and the other devices must be kept under observation to verify that they work normally.

Note: The emissions characteristics of this equipment make it suitable for use in industrial areas and hospitals (IEC/CISPR 11 Class A). If it is used in a residential environment (for which IEC/CISPR 11 Class B is normally required) this equipment might not offer adequate protection to radio-frequency communication services. The user might need to take mitigation measures, such as relocating or re-orienting the equipment."

### 1.3 Unforeseen errors

If any problems should arise with the device, a message indicating the nature of the problem will appear on the screen of the PC, together with a warning "beep".

Errors in measurement or in interpretation can also be caused by:

- use by non-qualified or non-trained personnel, lacking ability or experience
- user error
- use of the instrument outside the guidelines described in this User's Manual
- use of the instrument even when some operational anomalies are encountered
- non-authorised servicing of the instrument.

### 1.4 Labels and symbols

### 1.4.1 Identification label and symbols



Symbol	Description
Model:	Product name
SN	Device serial number

Symbol	Description
***	Manufacturer symbol
<b>(</b> E 0476	This product is certified to conform to the Class IIa requirements of the Regulation 2017/745/UE.
<u> </u>	In accordance with the <b>IEC 60601-1</b> Standard, this product and its component parts are of <b>type BF</b> and therefore protected against the dangers of direct and indirect contact with electricity.
	Class II equipment symbol: as per IEC60601-1, the product complies safety requirements of Class II equipment
IPX1	Information on protection against ingress of liquids. The label indicates the degree of protection against ingress of liquids (IPX1). The device is protected against vertically falling drops of water
•	To connect to other devices such as PC or printer. Use only the USB cable supplied by the manufacturer and observe the safety regulations of IEC 60601-1-1.
	Warning symbol for the WEEE As laid down in the European Directive 2012/19/EEC requirements regarding the disposal of electrical and electronic devices (WEEE), at the end of its useful life this device must not be thrown away together with normal domestic waste as it contains materials which would cause damage to the environment and/or represent a health risk. Instead it must be delivered to a WEEE authorised collection center, where the device will then be disposed of correctly.  An alternative is to return the device without charge to the dealer or distributor, when a new equivalent device is purchased. Due to the materials used in the manufacturing of the device, disposing it as a normal waste product could cause harm to the environment and/or health. Failure to observe these regulations can lead to prosecution.
	The (ESD) symbol required by the international standard is used in the vicinity of any connector which has not undergone electrostatic discharge testing.
Rx ONLY	Symbol for FDA regulation: use the device under the prescription of the physician
	Instruction for use symbol. Refer to instruction manual. Read this manual carefully before using the medical device.
M	Manufacturing date of the device
	Temperature limits: indicates the temperature limits to which the medical device can be safely exposed
<u>%</u>	Humidity limitation: indicates the range of humidity to which the medical device can be safely exposed
<b>∳•</b> �	Pressure limitation: indicates the range of pressure to which the medical device can be safely exposed
MD	The symbol indicates that the product is a medical device
UDI	The symbol indicates the Unique Identification of the Device
*	The symbol indicates that the device should not be exposed to direct sunlight
<del>*</del>	The symbol indicates that the device must be kept dry

### 1.4.2 (ESD) Electrostatic discharge sensitivity symbol

### **WARNING**

Pins of connectors identified with the ESD warning symbol should not be touched and the connections should not be made to these connectors unless ESD precautionary procedures are used.

Precautionary procedures are the following:

- Environmental procedures as: air conditioning, humidification, conductive floor coverings, non-synthetic clothing
- User procedures as: discharging one's body to a large metal object, using wrist strap connected to earth.

It is recommended that all staff involved receive an explanation of the ESD warning symbol and training in ESD precautionary procedures.

MINISPIR User manual Rev 2.2.1 page 8 of 17

the electrostatic discharge is defined as an electric charge at rest. It is the sudden flow of electricity between two objects caused by contact, an electrical short, or dielectric breakdown. ESD can be caused by a buildup of static electricity by tribocharging, or by electrostatic induction. At lower relative humidity, as the environment is drier, charge generation will increase significantly. Common plastics generally will create the greatest static charges.

Typical electrostatic voltage values:

Walking across a carpet 1.500 - 35.000 volts Walking over untreated vinyl floor 250 - 12.000 volts Vinyl envelope used for work instructions Worker at a bench 600 - 7.000 volts 700 - 6.000 volts

If two items are at different electrostatic charge levels, as they approach one another, a spark or Electrostatic Discharge (ESD) can occur. This rapid, spontaneous transfer of electrostatic charge can generate heat and melt circuitry in electronic components. A latent defect can occur when an ESD sensitive item is exposed to an ESD event and is partially degraded. It may continue to perform its intended function, so may not be detected by normal inspection. Intermittent or permanent failures may occur at a later time.

Static dissipative material will allow the transfer of charge to ground or to other conductive objects. The transfer of charge from a static dissipative material will generally take longer than from a conductive material of equivalent size. Some well known insulators are common plastics, and glass. An insulator will hold the charge and cannot be grounded and conduct. the charge away.

Both conductors and insulators may become charged with static electricity and discharge. Grounding is a very effective ESD control tool, however, only conductors (conductive or dissipative) can be grounded.

The fundamental ESD control principles are:

- Ground all conductors including people
- Remove insulators, substitute with ESD protective versions
- neutralize with ionizers
- . ESDS outside the EPA (ESD protected area) to be in packaging having ESD shielding property

### 1.5 Product description

MiniSpir is a spirometer spirometer and is connected to a Personal Computer using a USB cable.



The device measures a range of respiratory parameters.

The main features of this multipurpose MiniSpir make it is easy to use and versatile.

### **Spirometry function**

**MiniSpir** calculates up to 30 functional respiratory parameters, as well as the parameter comparison after the administration of a drug (PRE/POST) for a bronchodilator test or for a bronchial challenge test. A comparison of data is made between POST (afterdrug) and PRE (before drug administration). The Pre test data relates to percentage variations between the measured results and the predicted values based on the anthropometric data inserted.

The flow and volume measurement sensor is a digital turbine, based on the infrared interruption principal, which ensures accuracy in time as required from a professional device.

The special features of this kind of sensor are listed below:

- Accurate measurement even at very low flow rates (end of expiration)
- Not affected by gas humidity nor density
- Shockproof and unbreakable
- Inexpensive to replace.

The two versions of the turbine flow measurement sensors, used on **MiniSpir** (single-patient disposable or reusable), ensure high precision in measurements and have the great advantage of requiring no periodic calibration (however, the turbines can be calibrated if required by the doctor).

MINISPIR User manual Rev 2.2.1 page 9 of 17





**REUSEABLE TURBINE** 

**DISPOSABLE TURBINE** 

In order to maintain the characteristics of the turbines the following precautions must be closely observed:

- for the single-patient disposable turbine: they must always be substituted between patients.
- for the reusable turbine: always clean the turbine between patients, to ensure the maximum level of hygiene and safety for the patient.

For a correct interpretation of a spirometry test, the measured values must be compared either to the so-called **normal or predicted values** which are calculated from the anthropometric details of the patient or, alternatively, to the personal best values from the clinical history of the subject.

The personal best values can vary considerably from the predicted values, which are taken from "healthy" subjects.

**MiniSpir** is connected to a PC trough a USB port. Data measured by **MiniSpir** are transferred to the PC in real-time. The Windows "MIR Spiro" software allows to view the spirometric test results (flow/volume curves, spirometry parameters, oximetric parameters optional) plus the related subject detail.

The data measured by **MiniSpir** and arranged by the software are available for interpretation by specialised personnel. The software gives an interpretation of each spirometry test by assigning a "traffic light" code and by comparing the previous values of the same subject or the reference values of the subject's group. For further details see the online manual of the MIR Spiro Software.

**MiniSpir** is able to make FVC, VC & IVC, MVV and breathing profile tests, calculates an index of test acceptability (quality control) plus reproducibility of the spirometry tests carried out. The automatic functional interpretation foresees the levels defined by the ATS (American Thoracic Society) classification.. Each test can be repeated as required. The best parameters are always available for review. The normal (predicted) values can be selected from several normal "sets". For example, within the European Union the majority of doctors use the ERS (European Respiratory Society) predicted values. For the configuration of parameters and storing tests, see the online manual of the MIR Spiro Software.

#### 1.6 Technical features

There follows a comprehensive description of the main features of the device.

### 1.6.1 Features of the spirometer

This device meets the requirements of the following standard:

- ATS Standardization of Spirometry 2005, 2019 update
- ISO 23747: 2015
- ISO 26782: 2009

### Measured parameters:

rameters:				
SYMBOL	DESCRIPTION	m.u.		
FVC	Forced Vital Capacity	L		
FEV1	Volume expired in the 1st second of the test	L		
FEV1%	FEV1/FVC x100	%		
PEF	Peak expiratory flow	L/s		
TPEF	Time to reach 90% of PEF	S		
FEF2575	Average flow 25%-75% FVC	L/s		
FEF7585	Average flow between the values at 75% and 85% of the FVC	L/s		
FEF25	Maximum flow at 25% FVC	L/s		
FEF50	Maximum flow at 50% FVC	L/s		
FEF75	Maximum flow at 75% FVC	L/s		
FEV05	Exhaled volume after 0.5 seconds	L		
FEV05%	FEV05/FVC x 100	%		
FEV075	Exhaled volume after 0.75 seconds	L		
FEV075%	FEV075/FVC x 100	%		
FEV2	Exhaled volume in the first 2 seconds of testing	L		
FEV2%	FEV2/FVC x 100	%		
FEV3	Exhaled volume in the first 3 seconds of testing	L		
FEV3%	FEV3/FVC x 100	%		
FEV6	Exhaled volume in the initial 6 seconds of the test	L		
FEV1/FEV6	FEV1/FEV6 x100	%		
EI	FEV1/PEF ( empey's index)	L/L/s		
RFEV	FEV1/FEV0.5	\		
FET	Forced expiration time	S		
BEV	Extrapolated volume (also VEXT or EVOL)	mL		

MINISPIR User manual Rev 2.2.1 page 10 of 17

FIVC	Inspiratory forced vital capacity	L
FIV1	Volume inspired in the 1st second	L
FIV1/FIVC	FIV1/IVF x 100	%
ELA	Estimated lung age	years
PIF	Peak inspiratory flow	L/s
FIF25	Maximum flow at 25% FIVC	L/s
FIF50	Maximum flow at 50% FIVC	L/s
FIF75	Maximum flow at 75% FIVC	L/s
R50	FEF50/FIF50 x 100	%
FEV1/VC	FEV1/VC per 100	%
MVV cal	Max Ventilation _ voluntary calculated on the basis of FEV1	L/min
VC	Improved slow expiratory vital capacity	L
EVC	Slow expiratory vital capacity	L
IVC	Slow inspiratory vital capacity	L
IC	Inspiratory capacity (maximum between EVC and IVC) - ERV	L
ERV	Expiratory reserve volume	L
IRV	Inspiratory reserve volume	L
TV	tidal volume	L
VE	Minute ventilation at rest	L/min
RR	Breath frequency	Breath/min
tı	Average inspiratory time at rest	S
tE	Mean expiratory time at rest	S
TV/t <sub>l</sub>	Average inspiratory flow at rest	L/s
t <sub>I</sub> /t <sub>TOT</sub>	Average inspiratory time at rest versus total time	\
MVV	Maximum voluntary ventilation	L/min
t <sub>E</sub> /t <sub>I</sub>	t <sub>E</sub> /t <sub>I</sub>	/
MV	Minute ventilation	L/min
*FVC	Best FVC	L
*FEV1	Best FEV1	L
*PEF	Best PEF	L/s

### \*= best values

Flow/volume measurement system	Bi-directional digital turbine
Temperature sensor	semiconductor (0-45°C)
Measurement principle	Infrared interruption
Volume range	10 L
Flow range	± 16 L/s
Volume accuracy (ATS 2019)	± 2.5% or 50 mL
Flow accuracy	± 5% or 200 mL/s
Dynamic resistance at 12 L/s	<0.5 cmH <sub>2</sub> O

### 1.6.2 Other features

Interface	USB	
Power supply	USB connection	
Dimensions	142x49.7x26mm	
Weight	65 grams	
Storage conditions	Temperature: MIN -40 °C, MAX + 70 °C Humidity: MIN 10% RH; MAX 95%RH	
Shipping conditions	Temperature: MIN -40 °C, MAX + 70 °C Humidity: MIN 10% RH; MAX 95%RH	
Operating conditions	Temperature: MIN + 10 °C, MAX + 40 °C; Humidity: MIN 10% RH; MAX 95%RH	
Compliance with standards	Electrical Safety Standard IEC 60601-1 EMC Standard IEC 60601-1-2	
Type of electrical protection	Class II	
Grade of electrical protection	BF	
Grade of protection against water ingress	IPX1	
Level of safety in the presence of inflammable	Not suitable	
anaesthetic gas, oxygen or nitrogen		
Conditions of use	Device for continuous use	
Storage conditions	Temperature: MIN -20 °C, MAX + 60 °C	

MINISPIR User manual Rev 2.2.1 page 11 of 17

	Humidity :MIN 10% RH; MAX 95%RH	
	Atmospheric pressure: 50kPa, 106 kPa	
	Temperature: MIN -20 °C, MAX + 60 °C	
Transport condition	Humidity :MIN 10% RH; MAX 95%RH	
Transport containen	Atmospheric pressure: 50kPa, 106 kPa	
	Temperature: MIN + 10 °C, MAX + 40 °C;	
Operating conditions	Humidity: MIN 10% RH; MAX 95%RH	
Operating conditions	Atmospheric pressure: 70kPa, 106 kPa	
	IEC 60601-1:2005 + A1: 2012 (Electrical Safety)	
	IEC 60601-1-2:2015 (EMC)	
	ATS/ERS Guidelines: 2005, 2019 update	
	ISO 26782: 2009	
	ISO 23747: 2015	
Applied norms	EN ISO 14971: 2019	
	ISO 10993-1: 2018	
	2011/65/UE Directive	
	EN ISO 15223-1:2021	
	IEC 60601-1-6: 2010+Amd2013	
	Error of displayed numeric value: Flow measurement	
Essential performances (compliant with EN	percentage error < ± 5%	
60601-1:2005 + A1:2012)	Oximetry parameters measuring with accuracy defined in table	
00001-1.2003 + A1.2012)	on §1.6.2	
Emission limits CISPR 11 Group 1 Class A		
Electrostatic discharge protection	8kV contact, 15kV air	
Magnetic field immunity	30 A/m	
Radio Frequency Immunity 3V/m @ 80-2700 MHz		

### 2. FUNCTIONING OF THE MiniSpir

### 2.1 Connection to PC

### WARNING 🛆

Before connecting MiniSpir to a PC, the MIR Spiro software must be installed on the PC in order to interface it with the device.

To make the connection, attach the other connector to the USB port of the PC.

When initially making a connection, the PC will, either make an automatic driver installation or request some information. To avoid errors in this phase please read the MIR Spiro User Manual very carefully.

To control the proper connection between the device and the PC use the communication check available on MIR Spiro.

### 2.2 Using the MiniSpir

For correct use of the device and for setup of data required for the interpretation of the results (initial setup, turbine calibration, patient data management, viewing previous data and interpretation of results) see the MIR Spiro software manual.

### 2.3 Spirometry Testing

# WARNING $\triangle$

The device must only be used by qualified personnel with complete knowledge of spirometry; this is important for the correct execution of the tests, for the acceptability of measured parameters as well as for the correct interpretation of results.

For correctly carrying out a spirometry test, it is strongly recommended to carefully follow the instructions as described below.

- Insert the mouthpiece supplied into the hollow part of the turbine by at least 0.5 cm.
- Fit the nose clip onto the nose of the subject to ensure that air cannot escape through the nostrils.
- Hold MiniSpir in one hand as you would a cell phone. The side with the ID label should be in the hand of the user.
- Insert the mouthpiece well into the mouth beyond the teeth, being carefully to ensure that air cannot escape from the sides of the mouth.
- It is suggested to make testing in a standing position and during an expiration lean forward, in order to help the expiratory action with a compression of the abdomen.

## WARNING 🛆

Do not touch the USB cable during a test to avoid interfering with the transfer of data to the PC or stopping a test too soon.

MINISPIR User manual Rev 2.2.1 page 12 of 17

Please note it is indispensable for an accurate spirometry that all air must be expired from lungs. It is important to stress that the disposable mouthpiece and turbine must be changed at the end of each test.

After 6 seconds from the initial forced expiratory **MiniSpir** emits a continuous beep,. This is useful to the doctor to understand if the patient has reached the minimum expiry time pursuant to the requirements as set forth by the major international associations of pneumology.

### 2.4 Acceptability, Repeatability and quality messages

Acceptability, usability, and repeatability of FVC and FEV1 parameters for each single test are defined as summarized in Table 7 of the ATS/ERS 2019 guideline:

For FEV1 and FVC		Required for Acceptability		Required for Usability	
Acceptability and Usability Criterion	FEV1	FVC	FEV1	FVC	
Must have EVOL (VEXT or BEV) <5% of FVC or 0.100 L, whichever is greater	YES	YES	YES	YES	
Must have no cough in the first second of expiration*	YES	NO	YES	NO	
Must have no glottic closure in the first second of expiration*	YES	YES	YES	YES	
Must have no glottic closure after 1 second of expiration	NO	YES	NO	NO	
Must achieve one of these three end of forced expiration (EOFE) indicators:  1. Expiratory plateau (<0.025 L in the last 1 second of expiration)  2. Expiratory time >15 seconds  3. FVC is within the repeatability tolerance of or is greater than the largest prior observed FVC †		YES	NO	NO	
Must have no evidence of obstructed mouthpiece or spirometer		YES	NO	NO	
Must have no evidence of a leak		YES	NO	NO	
If the maximal inspiration after EOFE is greater than FVC, then FIVC - FVC must be <0.100 L or 5% of FVC, whichever is greater‡		YES	NO	NO	

Repeatability criteria (applied to acceptable FVC and FEV1 values)

- Age > 6 The difference between the two largest FVC values must be <0.150 L, and the difference between years: the two largest FEV1 values must be <0.150 L
- Age ≤ 6 The difference between the two largest FVC values must be <0.100 L or 10% of the highest value, whichever is greater, and the difference between the two largest FEV1 values must be <0.100 L or 10% of the highest value, whichever is greater

Abbreviations: EVOL (VEXT o BEV) = back-extrapolated volume; EOFE = end of forced expiration; FEV075 = forced expiratory volume in the first 0.75 seconds.

The grading system (above Table 10) will inform the interpreter if values are reported from usable maneuvers not meeting all acceptability criteria.

- \*For children aged 6 years or younger, must have at least 0.75 seconds of expiration without glottic closure or cough for acceptable or usable measurement of FEV0.75.
- † Occurs when the patient cannot expire long enough to achieve a plateau (e.g., children with high elastic recoil or patients with restrictive lung disease) or when the patient inspires or comes off the mouthpiece before a plateau. For within-maneuver acceptability, the FVC must be greater than or within the repeatability tolerance of the largest FVC observed before this maneuver within the current prebronchodilator or the current post-bronchodilator testing set.
- ‡ Although the performance of a maximal forced inspiration is strongly recommended, its absence does not preclude a maneuver from being judged acceptable, unless extrathoracic obstruction is specifically being investigated. The design of MIR spirometers with turbine is such that they are not subject to faulty zero-flow setting.

For VC test the acceptability criteria according to ATS/ERS 2019 guideline is defined as follows: the VC test is considered acceptable is there is less than a 0.025 L volume increase over 1 second; in this case the test is deemed as having a plateau.

The Repeatability criteria in case of VC test is defined as follows:

Number of tests	3 acceptable tests are required
VC	The difference in VC between the largest and next largest manoeuvre must be ≤ smaller of the
	following:
	0.150 L or 10% VC, for patient older than 6 years of age
	Or
	0.100 L or 10% VC. For those aged 6 years or younger
	Otherwise, additional trials should be performed.

After each maneuver, ATS/ERS 2019 guideline provides a quality messages based on acceptability criteria define in table 7 of ATS/ERS 2019 guideline, as follows:

Warning message	Warning trigger	Instruction to patient
No plateau	no plateau and expiration < 15 s	keep going until completely empty
Hesitant start	EVOL (VEXT o BEV) exceeds limit	blast out immediately when completely full
Slow start	rise time > 150 ms	blast out immediately when completely full

MINISPIR User manual Rev 2.2.1 page 13 of 17

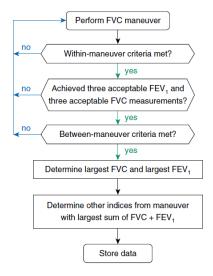
Warning message	Warning trigger	Instruction to patient
Abrupt stop	suspected glottis closure	if you feel your throat closing, relax, but keep
		pushing
Cough in expiration	suspected cough in first second of expiration	try having a sip of water before the next blow
Hesitation at	hesitation time > 2 s	blast out when completely full
maximum volume		
Slow filling	mean inspiratory flow of the breath just prior	breathe in faster before blasting out
	to forced expiration is less than 2 L/s	
Low final inspiration	FIVC < 90% FVC	after completely emptying your lungs,
		remember to breathe in - back to the top
Incomplete inspiration	FIVC < FVC	fill your lungs completely before blasting out -
		take the deepest breath possible



### WARNING

The best test with the criteria defined in the 2019 ATS guideline is not considered the one with the best FVC+FEV1 sum, but is chosen among the tests that meet the acceptability criteria set by the aforementioned guideline. Then it is chosen among those tests that did not provide error messages.

The following table defined in the ATS 2019 guideline defines the criteria for choosing tests for acceptability and repeatability.



Further consideration and management of particular cases are detailed in the ATS/ERS 2019 guideline.

The quality grade of a test session is expressed with a letter, which separately refers to FVC and FEV1, as described in Table 10 of the ATS/ERS 2019 guideline:

Grade	Number of Measurements	Repeatability: Age > 6 years	Repeatability: Age <6 years*
Α	> 3 acceptable	Within0.150 L	Within0.100 L*
В	2 acceptable	Within0.150 L	Within0.100 L*
С	≥ 2 acceptable	Within0.200 L	Within0.150 L*
D	≥ 2 acceptable	Within0.250 L	entro 0.200 L*
E	≥ 2 acceptable	> 0.250 L	> 0.200 L*
	or 1 acceptable	N/A	N/A
U	0 acceptable AND > 1 usable	N/A	N/A
F	0 acceptable AND 0 usable	N/A	N/A

The repeatability grade is determined for the set of prebronchodilator maneuvers and the set of post-bronchodilator maneuvers separately. The repeatability criteria are applied to the differences between the two largest FVC values and the two largest FEV1 values. Grade U indicates that only usable but not acceptable measurements were obtained. Although some maneuvers may be acceptable or usable at grading levels lower than A, the overriding goal must be to always achieve the best possible testing quality for each patient. Adapted from *Am. J. Respir. Crit. Care Med. 2017;196:1463–1472*.

\*Or 10% of the highest value, whichever is greater; applies for age 6 years or younger only

### 2.5 Interpreting spirometry results

The interpretation of spirometry refers to Forced Vital Capacity (FVC) and is seen by means of indicator lighting. This interpretation is calculated on the best manoeuvre according to the ATS /ERS 2019 guideline.

MINISPIR User manual Rev 2.2.1 page 14 of 17

The messages can include the following:

- ◆ Normal spirometry
- ◀ Light obstruction/restriction
- ◀ Moderate obstruction/restriction
- Moderately severe obstruction/restriction
- ◀ Severe obstruction/restriction
- ◀ Very severe obstruction/restriction

The final interpretation level is "restriction + obstruction", where the indicator light indicates the worst parameter between restriction and obstruction.

MINISPIR User manual Rev 2.2.1 page 15 of 17

#### 3. DATA TRANSMISSION



Read the instructions carefully before starting the transmission of data taking due care in ensuring that all the information has been properly understood.

### 3.1 Transmission with USB cable

All data in the **MiniSpir** is transferred through a USB cable connection. Refer to Paragraph 2.1 of this Manual to connect the device to a PC. The data measured by **MiniSpir** during a spirometry test are sent to the PC in digital form and managed by the MIR Spiro software.

### WARNING $\triangle$

Do not disconnect MiniSpir from the PC during a test. Before to disconnect MiniSpir from the PC close MIR Spiro software. To disconnect MiniSpir remove the USB cable from the PC connector. For more details read the MIR Spiro user manual.

### 3.2 Upgrade Internal software

**MiniSpir** software can be upgraded when connected to a PC via USB. Upgrades can be downloaded by registering on www.spirometry.com. For further information on upgrading software see the MIR Spiro software manual.

### 4. MAINTENANCE

### WARNING A

No part can be subjected to maintenance during use.

MiniSpir is an instrument that requires very limited maintenance. The operations to perform periodically are:

- · Cleaning and controlling of the reusable turbine
- Changing the single-patient disposable turbine at each test

The maintenance operations set forth in the User's Manual must be carried out carefully. Failing to observe the instructions contained in the manual may cause errors in measurement or in the interpretation of measured values.

Modifications, adjustments, repairs, and reconfiguration must be carried out by the manufacturer or authorised persons. In case problems arise do not attempt to personally repair the unit.

The setting of configuration parameters must be carried out by qualified personnel. In any case the risks pertaining to incorrect settings do not constitute a hazard for the patient.

### 4.1 Cleaning and controlling the reusable turbine

The turbine utilized on **MiniSpir** belongs to one of two categories: disposable and reusable. Both guarantee precise measurements and have the great advantage of requiring no periodic calibration. In order to maintain the characteristics of the turbine a simple cleaning is required prior to each use (**only for the reusable turbine**).

Cleaning of the disposable turbine is not required, as it is supplied clean in a sealed plastic bag. It must be disposed of after use.

It is a good practice to control from time to time that dirt or foreign bodies are not deposited inside the turbine such as threads or hair. Any such deposit could brake or block the rotation of the turbine blade and thus compromise the measurement accuracy.

To clean the **reusable** turbine, remove it from its compartment on the **MiniSpir** by turning it anti-clockwise and pressing lightly. It can be helpful to push it gently from underneath with one finger.

Immerse the turbine in the recommended cold detergent solution, and move it within the liquid to remove any impurities which may be deposited inside. Leave the turbine immersed for the time specified in the instruction of the solution.

To avoid any kind of damage to the reusable turbine please do not use any alcoholic or oily substances, do not immerge the turbine in hot water or hot solution.

Do not put the turbine under a direct jet of water or other liquid. If no detergent solution is available, clean the turbine in clean water.

MIR suggest the use sodium hypochlorite which has been tested on all MIR sensors.

Rinse the turbine by immerging it in clean water (not hot).

Shake off the excess water from the turbine and leave it to dry, standing it vertically on a dry surface.

Once the turbine has been cleaned insert the turbine tube in its place according to the direction as indicated by the closed lock symbol printed on the plastic casing of the **MiniSpir**.

MINISPIR User manual Rev 2.2.1 page 16 of 17

To correctly insert the turbine push it to the end and turn it clockwise until reaching the wedge which ensures that the tube has been blocked inside the plastic casing.

When using the disposable turbine, do not clean it, but change it after each patient.

#### 5. PROBLEM SOLVING

PROBLEM	MESSAGE	POSSIBLE CAUSES	REMEDY
MiniSpir does not	\	The USB cable is not correctly connected	Check the correct connection of the USB cable side Pc
connect with the PC	\	The driver doesn't work correctly	Check the presence of the device in the list of USB devices connected. Try to remove and connect the device.
Spirometry data at the end of the test are not acceptable	\	The turbine don't rotate correctly	Clean the turbine and check another time; use a new turbine
	\	The test is performed in a wrong way	Repeat the test following the indications on the screen
During an oximetry test the values are wrong, irregular	1	The sensor is positioned in a wrong way or the perfusion index of the patient is low	Put the sensor in another position.
	1	The patient is moving	To obtain an accurate measurement the patient should not make sudden movements.

#### 6. LIMITED WARRANTY CONDITIONS

**MiniSpir**, together with its standard accessories is guaranteed for a period of 12 months if intended for professional use (doctors, hospitals, etc.).

The warranty is effective from the date of purchase contained in the relevant sales invoice or proof of purchase.

The instrument must be checked at the time of purchase, or upon delivery, and any claims must be made immediately in writing to the manufacturer.

This warranty covers the repair or the replacement (at the discretion of the manufacturer) of the product or of the defective parts without charge for the parts or for the labour.

All batteries and other consumable parts, reusable turbine included, are specifically excluded from the terms of this guarantee.

This warranty is not valid, at the discretion of the manufacturer, in the following cases:

- If the fault is due to an improper installation or operation of the machine, or if the installation does not conform to the current safety norms in the country of installation.
- If the product is utilised differently from the use described in the Users Manual.
- If any alteration, adjustment, modification or repair has been carried out by personnel not authorised by MIR.
- If the fault is caused by lack of or incorrect routine maintenance of the machine.
- If the machine has been dropped, damaged or subjected to physical or electrical stress.
- If the fault is caused by the mains or by another product to which the instrument has been connected.
- If the serial number of the instrument is missing, tampered with and/or not clearly legible.

The repair or replacement described in this warranty is supplied for goods returned at the customers' expense to our certified service centres. For details of these centres please contact your local supplier of the spirometer or contact the manufacturer directly.

The customer is responsible for the transportation and for all transport and customs charges as well as for delivery charges of the goods both to and from the service centre.

Any instrument or accessory returned must be accompanied by a clear and detailed explanation of the defect or problem found. If units are to be returned to the manufacturer then written or verbal permission must be received before any instruments are returned to MIR.

MIR Medical International Research, reserves the right to modify the instrument if required, and a description of any modification made will be sent along with the returned goods.

MINISPIR User manual Rev 2.2.1 page 17 of 17