



# MEDICAL STOCKINGS

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EN	INSTRUCTIONS FOR USE
ES	INSTRUCCIONES DE USO
РТ	INSTRUÇÕES DE UTILIZAÇÃO
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FR	MODE D'UTILISATION
HU	HASZNÁLATI ÚTMUTATÓ
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# MEDICAL STOCKINGS



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Thank you for having chosen a Sanyleg product. Our products are synonymous with elegance, comfort and, above all, personal wellness.

The pleasant feeling of lightness and wellness is obtained thanks to the dynamic effect of the product's graduated compression. The circulation is gently stimulated in order to facilitate venous return. The compression decreases from the ankle upwards.

The heel section provides for:

• The proper placement of the heel in the heel pocket, thus providing for greater stability. • Proper positioning at the maximum compression point, as well as a better fit and greater wearability and elasticity around the circumference of the ankle.

#### Directions

Sanyleg products are recommended as useful aids for preventing venous disorders. They are particularly effective for relieving the sensations of heaviness and fatigue in the legs, as well as for reducing serotonin-induced oedema. With consistent use, they can even help prevent or delay the occurrence of venous valvular insufficiency in susceptible individuals. In addition to pregnant women, they are also recommended for those suffering from the initial forms of distal valvular insufficiency of the superficial veins, which are often present in youths and middle-aged people who are often on their feet.

# Instructions and recommendations for wearing Sanyleg stockings

It is recommended to put the stockings on as soon as you get up in the







morning. The stockings should be protected against contact with any oils, creams or ointments applied to the legs for medical or cosmetic reasons. Rough fingernails or rings with rough edges could potentially damage the product's fabric. If the skin is wet, apply talcum powder to the foot in order to facilitate its insertion into the stocking.

**1** - Turn the stocking inside out, with the exception of the foot section. It is best to turn the stocking inside out to the point that the heel remains outside.

- Use both hands to widen the foot portion, and slide the foot into the stocking up to the heel.

- Turn back the inside-out portion of the stocking, taking care to properly position the heel.

2 - Insert the rest of the leg up to the knee, smoothing out the fabric with the palm of your hand. Never pull directly on the top edge of the stocking.

- In the case of tights, follow the same procedure as described above until the tights arrive at the level of the knee on both legs.

**3** - Roll the remaining portion of the tights upward to the crotch, smoothing the fabric with your hands and checking to make sure the compression is uniform.

 In order to put on open-toe stockings, use the supplied "infilacalze" accessory.

## **General contraindications**

Advanced state peripheral arterial occlusive disease - Massive oedema of the lower limbs of a pathological nature - Septic phlebitis - Severe phlebitis, such as phlegmasia cerulean dolens - Lymphangitis - Advanced peripheral neuropathies (i.e., diabetes mellitus) - Other sensory disorders of the limbs - Intolerances/allergies related to the material of the compressive stockings.

# **Relative contraindications**

Ulcers and open wounds - Moist dermatosis - Immobility - Dermatitis stasis - Valvular incontinence of the superficial and deep venous system. -Deep vein thrombosis or acute thrombophlebitis - Post thrombophlebitic syndrome - For stockings with silicone edges, skin irritation may arise in cases of hypersensitivity to the material itself.

# **Special warnings**

Sanyleg compression stockings should only be worn after consulting a physician. Sanyleg compression stockings must only be sold by qualified personnel. In the event that pain or skin irritation should occur when wearing the compression stockings, remove the stockings immediately and consult a physician or your retailer.

# **Composition of the materials**

The textile composition of each individual product is indicated on the outside of the package. The materials with which our products are manufactured are listed hereafter.

CO: Cotton - EA: Elastane - PA: Polyamide - WO: Wool - PP: Polypropylene

## Product duration

Sanyleg compression stockings have a maximum usage duration of 6 months. Never exceed the expiry date indicated on the packaging.

# Washing instructions

Sanyleg stockings can be washed by hand or in the washing machine.

• Hand washing: use detergents for delicate fabrics. Rinse thoroughly. Do not wring. Air dry.

• Washing machine: place the garment in an appropriate bag or in a pillow case. Do not bleach. Do not machine dry.

• Do not dry clean. Do not iron.



#### Warning

The manufacturer shall bear no responsibility for any personal injuries and/or property damage that may occur in the event that the product is used improperly or for purposes other than those for which it is intended.



# MADE IN ITALY

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CE

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