

### **ENGLISH**

# **DUAL-ADJUSTMENT CRUTCHES**

All serious accidents concerning the medical device supplied by us must be reported to the manufacturer and competent authority of the member state where your registered office is located.

#### INTENDED USE

Crutches are walking aids and are Class I medical devices. **CONTRAINDICATIONS AND WARNINGS** 

Using and adjusting the walking stick will depend on the user. When using the crutch for the first time, healthcare professionals are required to adjust the height and provide training in its use. A medical evaluation is required for persons with psychomotor disorders and those with prostheses or orthoses in their lower limbs. In some persons, prolonged use may lead to disorders of the arm joints. If pain is experienced in the hand, wrist, elbow or shoulder it is advisable to stop using the aid and seek medical advice.

• Do not use in direct contact with injured skin.

- · Beware of wet or slippery surfaces to avoid falling
- DO NOT use a damaged device
   Avoid submerging the item. Water seeps into the holes and stagnates.

Contact the manufacturer in the event of an accident or fault.

### ADJUSTING THE HAND GRIP HEIGHT

Height adjustment from the ground depends on patient height, type of use and subjective manoeuvrability. Follow the numbered steps in Fig.1.

- Release the spring clip from its housing (1) in the tube (DO NOT use tools, see Fig.1b).
- Unscrew the fastening ring nut (2)
- Adjust the height by pulling out the telescopic tubes and align the holes (3)
- Replace the spring clip (4)
- Secure the fastening ring nut by screwing it tight (5)

### ADJUSTING THE FOREARM SUPPORT

Push in the button and pull the item out to the desired length (Fig.2). The correct distance is found by holding the stick and flexing the arm to 90° (Fig.3). A distance of 3-5 cm between the cuff and the arm muscle is indicative, but the crutch should be able to rotate freely around the forearm without the cuff touching the arm.

## **CLEANING AND MAINTENANCE**

**Cleaning:** clean the hand grip and forearm support regularly using mild soap. Do not use alcohol or solvents. If water enters the tubes, remove tubes and ferrule and allow to dry. Ferrule: Ground support ferrules are subject to wear and tear. Frequent replacement is recommended using **original spare** 

Hand grip: The hand grip can be replaced.

Re-use: Items are reusable after sanitising. Replace the ferrule and check that the upright is structurally sound. Do not use if any faults are detected.

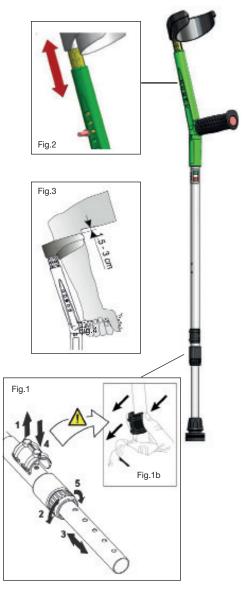
Sanitising/Disinfecting: Clean as per instructions and dis-

infect using low-concentration sodium hypochlorite solution. Replace the hand grip if the item is to be reused.

Storage: Place inside bag and store in a clean location.

### GIMA WARRANTY TERMS

The Gima 12-month standard B2B warranty applies.





Peso Max. utente Max. user weight 150 kg

C€	IT Dispositivo medico conforme al regolamento (UE) 2017/745 GB Medical Device compliant with Regulation (EU) 2017/745	REF	IT Codice prodotto GB Product code	[]i	IT Leggere le istruzioni per l'uso GB Consult instructions for use
	IT Data di fabbricazione GB Date of manufacture	LOT	IT Numero di lotto GB Lot number	<u> </u>	IT Attenzione: Leggere e seguire attentamente le istruzioni (avvertenze) per l'uso GB Caution: read instructions (warnings) carefully
<u>l</u>	IT Fabbricante GB Manufacturer	MD	IT Dispositivo medico GB Medical Device	<del>**</del>	IT Conservare in luogo fresco ed asciutto GB Keep in a cool, dry place
类	IT Conservare al riparo dalla luce solare GB Keep in a cool, dry place				













